

NORTH PUGET SOUND LEAGUE

NPSL Player Development Academy

Parent Meeting

July 8, 2026



ALEXANDRIA

Welcome & Introductions



Welcome!

Thank you for joining us and congratulations on being selected to the inaugural NPSL Player Development Academy.

Tonight, we'll discuss:

- What the PDA is
- Why we created it
- What to expect this summer
- Scottsdale Showcase
- Questions (save for the end or put in chat)

Introductions on the staff:

Barry O'Melia

PDA Director

Hugo Alcaraz-Cuellar

NPSL Commissioner

Meghan Dosch

Registration & Administration

[PDA Coaching Staff](#) + 2 assistants per team

Purpose of the PDA



Our Mission

To provide the top players in the North Puget Sound League with a supplemental, high-performance training environment that complements—not replaces—their home club experience.

Why We Created the PDA

- Raise the standard of soccer across the NPSL
- Give ambitious players additional development opportunities
- Train with the league's top players with top coaches
- Learn from coaches across multiple clubs
- Prepare players for high-level showcase competition
- Return better players to their home clubs

Success Means...

What Makes the PDA Different?



The PDA Is

- ✓ Supplemental
- ✓ League-wide
- ✓ High-performance
- ✓ Coach collaborative
- ✓ Player focused
- ✓ Work to keep affordable with Quality
- ✓ Showcase opportunity

The PDA Is NOT

- ✗ A replacement for club soccer
- ✗ Another league team
- ✗ Competing with your club
- ✗ A guarantee of Scottsdale selection

Our Philosophy

Great players improve fastest when training regularly with other great players.



Working With Your Club Coach

- The PDA is designed to **work with** your home club—not compete with it
- Please keep your club coach informed:
 - You're participating in the PDA
 - Share the PDA training dates and times
 - Let them know if a conflict arises
- Continue giving your best effort to both your club and the PDA

Our Commitment

- We believe players develop best when their club coaches and PDA coaches communicate and work together.
- Our goal is for every player to return to their home club as a better player, teammate, and leader.

Managing Player Loads & TeamSnap



Many players (especially on the boy's side) will have a club game and PDA training on the same Sunday.

Player Loads

If you played earlier in the day:

- Tell your PDA coach when you arrive
- Let us know approximately how many minutes you played
- Mention any injuries or soreness

Our coaches are experienced at adjusting training loads to help players recover while still getting the most from each session.

TeamSnap

TeamSnap is our **source of truth**. Please:

- Keep your availability updated
- Use "?" if you're unsure
- Update changes as soon as possible

Accurate availability helps us:

- Plan sessions
- Organize **scrimmages**
- Evaluate commitment
- Communicate effectively



While the primary player pools have been selected, we recognize that exceptional situations arise.

We will consider new players who:

- Recently moved to the area
- Had unavoidable conflicts with tryouts
- Were referred by coaches

To Be Evaluated

Players parents must:

Email the director (pda@northpugetsoundleague.org) copy your club coach

Register for the PDA tryout (no cost)

Be evaluated by the PDA coaching staff

Our goal is to strengthen the overall player pool while maintaining the high standards established during the initial tryouts.

Player kit



Note: Game jerseys will be returned by travel team players at the end of the season (on loan). Everything else the player keeps

Player kit –Team store



NPSL PDA Player Shorts - Black
\$27.00 USD



NPSL PDA Active Hat - Black
\$25.00 USD



NPSL PDA Soccer Socks
\$10.00 USD



NPSL PDA Active Pants
\$45.00 USD



NPSL PDA Active T-Shirt
\$30.00 USD

Follow Instagram for players pics - <https://www.instagram.com/northpugetsoundleague>



 northpugetsoundleague ...

 northpugetsoundleague Another round of amazing photos from our Player Development Academy! 📸

Thank you, Monica Grant, for beautifully capturing the hard work, determination, and fun throughout the event.

[#npsl](#) [#playerdevelopmentacademy](#) [#soccerlife](#)
[#youthdevelopment](#) [#washingtonsoccer](#)

8h



10 likes

8 hours ago

 Add a comment...

Post



This is the premier event of the PDA season and an opportunity for selected players to represent the North Puget Sound League against top competition.

Why Scottsdale?

- High-level competition from across the western United States and international teams .

pda@northpugetsoundleague.org

- A true travel team experience

- An opportunity to compete against some of the region's strongest clubs

- Build lifelong memories with teammates from across the NPSL

Travel team selections will be made by end of August based on performance, commitment, attendance, coachability, and team chemistry.



How Scottsdale Teams Are Selected

Travel Team Philosophy

- Not every PDA player will be selected Our goal is **not** simply to identify the best individual players.
- Our goal is to build the **strongest teams** capable of representing the NPSL
- Players not selected are expected to still attend all remaining practice sessions –PDA is about the training environment; the showcase is just the end prouct. Supper important!

Coaches Will Evaluate

- Soccer ability
- Commitment
- Coachability
- Leadership
- Team chemistry
- Positional balance
- Work ethic

Selection Timeline

- June–August: Ongoing evaluations
- By end of August: Teams announced
- Alternates also selected

Scottsdale Showcase -October 9–11, 2026 Travel out on October 8



Included

- ✓ Tournament registration
- ✓ Airfare
- ✓ Hotel
- ✓ Ground transportation
- ✓ Team dinners

Estimated all in costs Cost

~\$1400 estimate per player

(Final cost may be adjust (mostly likely down) once group airfare negotiations are complete.)

Partial payment plans will be available.

Not Included

- Lunches
- Personal spending

Working on (may not be included)

- ✓ Team breakfasts



Air Travel

Our goal is for every player to travel together.

Group airfare is currently being negotiated.

We are going to need all players and coaches to travel with the team on the negotiated team airfare.

Families traveling along side of us should plan to arrive and depart close to team times

Hotel

Players will stay:

- Two to 4 per room

Meals

Included

- ✓ Team breakfasts (depending on hotel choice)
- ✓ Team dinners

Players purchase their own lunches.

Parents

Parents are welcome to:

- Attend every game
- Stay at the team hotel
- Support the team throughout the weekend

Players are expected to:

- Travel together
- Stay together
- Eat team dinners together

Exceptions should be arranged with the head coach before the trip.

GU13-for this year, these players will not be on a team led trip (there will be parent led) and must travel/stay with parent or teammate parent



Parent Chaperones

We expect to recruit up to **three parent chaperones/van drivers per team.**

Responsibilities:

- Fly with the team
- Stay in the team hotel
- Rent and drive a minimum seven-passenger van
- Transport players between the airport, hotel, fields, and team meals
- Collect player phones at night
- Keep tabs on the general welfare of the players

The PDA will reimburse:

- Van rental
- Fuel
- Parking

Chaperones pay for their own:

- Airfare
- Hotel

Group meals while serving as a chaperone are covered by the PDA

If you may be interested in being a chaperone, email your coach AND Barry @ pda@northpugetsoundleague.org



The response to the inaugural PDA has exceeded our expectations

Potential Growth

- Expand from **4 to 8+ teams**
- Add two additional boys teams
- Add two additional girls teams
- Add a second showcase opportunity, potentially a Labor Day tournament
- Possibly extend the season into November
- Continue strengthening partnerships with member clubs
- Expand the coaching curriculum
- Develop corporate and community sponsorships

Keeping the PDA Affordable

The NPSL is already subsidizing part of the program.

As we grow, we'll seek sponsorships to:

- Keep costs as low as possible
- Maintain a high-quality training environment
- Offer scholarships and financial assistance
- Help every deserving player participate

Help Shape the Future

We welcome your feedback throughout the season email [**pda@northpugetsoundleague.org**](mailto:pda@northpugetsoundleague.org)

Questions & Discussion



During the Season

Player development, coaching, or curriculum

→ Start with your PDA coach.

If additional help is needed, please contact Barry.

Registration, TeamSnap, uniforms, or administration

→ Meghan Dosch

Escalation

If you feel an issue hasn't been resolved, please contact me first.

If you believe it needs to be escalated further, you're always welcome to reach out to our NPSL Commissioner, **Hugo Alcaraz-Cuéllar**.

Contact Information

Barry O'Melia

PDA Director

pda@northpugetsoundleague.org

Meghan Dosch

Registration & Administration

Hugo Alcaraz-Cuéllar

NPSL Commissioner



Thank You

(Full-screen team photo from tryouts.)

"Great players aren't built in games. They're built by choosing to train with other great players."

Thank you for believing in the inaugural NPSL Player Development Academy. We look forward to helping every player grow this summer—and to proudly representing the North Puget Sound League in Scottsdale this October.

See you on the pitch!

Barry O'Melia

PDA Director